



Whole 30 Nutritional Challenge at Fit Rev!



READY.... SET..... GO October 20th!

We can work out till we DROP but more importantly...

WHAT ARE YOU FUELING your BODY with?

**You have proved that time and time again but do you have the
STRENGTH to eat CLEAN for 30 days?**

No excuses, requires a FULL commitment 7 days a week for 4 weeks!

Are you willing to sacrifice your SOCIAL LIFE? Are you ready to SEE REAL results?

Don't commit unless you can answer YES to the questions above.

The results are waiting for you. Over 50 people saw LIFE CHANGING results last year!

Get your book TODAY at Amazon – It Starts with Food by Dallas and Melissa Hartwig

Cost - \$69 – includes body composition consultation results before and after (Inbody system NEW!)

Weekly recipes and a private FB group to help you succeed!

Email Michelle@fit-rev.com with any questions.

Assessments Sunday October 19th.

Times to be announced.

Sign up today at www.fit-rev.com at our Online Store “Whole 30” – you won't regret it!

