**WHAT’S NEW at Fit Revolution?**

**TRAINING CAMPS**

**Starting up the week of September 22nd**

**6 week commitment, NO EXCUSES just RESULTS!**

**Training Camps include:**

* **6 Week Program – 2 Days a week (1 Hour per session, total of 12 sessions)**
* **4 People Maximum per Training Camp insures a high level of personal attention.**
* **In Body Composition Testing at the Beginning and Conclusion of the Camp (brand new system)**
* **Nutritional Consultation**
* **We are implanting the Polar Heart rate/Calorie system so we can track your progress over the 6 weeks. Purchase a Polar Strap at a discount with this program for $59.**

**Cost - $360 for 12 sessions, $30 per session.**

**Cash prizes for the Biggest % Losers in Weight and Body Fat!**

**Register today at** [**www.fit-rev.com**](http://www.fit-rev.com) **and click on Events…**