

Fit Revolution's mission is to keep your whole family FIT!



Kids Classes at Fit Rev!

Kids Strength & Conditioning – Mondays 3:45

Cardio Sport – Mondays 4:45

Kids Spin – Tuesdays 4:00

Skills & Drills Basketball – Tuesdays & Thursdays

Kids Sports Conditioning – Wednesdays 3:45

Check out our Events page and sign up for our sessions.

***6 week session, registration required, if there is space in our classes we can allow drop ins.**



Cardio Sport



