

Fit Revolution's mission is to keep your whole family FIT!



Winter 2015 Kids Classes at Fit Rev!

Classes begin Week of 1/5 so register today!

Kids Strength & Conditioning – Mondays 3:45

Kids Spin – Thursdays 4:00

Skills & Drills Basketball – Tuesdays at 12:30 & 5:00

Kids Sports Conditioning – Mondays 4:45 & Wednesdays 3:45
(These classes are ongoing. New session begins end of January but kids can drop in for \$15. Please email Michelle@fit-rev.com with questions.)

Check out our Events page and sign up for our sessions.

***6 week session, registration required, if there is space in our classes we can allow drop ins for any of these classes.**

