

Fall Treadmill Classes are here!

Amazing workout that will blast calories and push you to your own personal limits!



Monday 5:30am – Julie

Tuesday 6:30pm - Jen

Wednesday 6:15am - Michelle

Thursday's 8:30am - Michelle

Saturday - 5:45am Michelle

Saturday 6:30am Julie

Sign up on our website www.fit-rev.com and click on sign up for a class. Create a profile and go under Events and pick your time slot. Hurry slots will sell out quickly!!!!

Have a group interested but don't see that time. We are available just message me at michelle@fit-rev.com

